



WE CAN Program Guide

SEE WHAT'S IN STORE
THIS SUMMER

CHECK OUT OUR SUMMER NEWSLETTER

Topics include:

- How WE CAN has been navigating the Covid-19 crisis
- Our plans into the future
- Meet volunteer Jean Mojo
- Hear from Stephanie, a GROW Program and PathMakers graduate
- The EOS Foundation 's impact



**WE CAN
News
June 2020**

Dear Friends,
WE CAN's work is guided by our mission to help women and their families navigate challenging transitions in their lives. Based on 20 years of service, the belief that "We Are Each Other" remains a longstanding core value. During this COVID-19 crisis period, WE CAN is delivering services remotely, retooling our programs and mobilizing our volunteers. In the days, weeks, and months ahead, WE CAN's services will play a vital role in helping women and families recover, stabilize and rebuild their lives.

Like all non-profits, we are tackling these critical questions in response to the COVID-19 crisis:

How do we navigate this challenging time and best position the organization for the future?

What must change in order to continue to provide practical and critical services to people in need?

With the help of our community of participants, volunteers and donors, WE CAN is navigating the COVID-19 crisis, responding to critical needs and reimagining the future. The WE CAN board of directors and staff are united in ensuring that WE CAN's work will continue and will expand to assist women today, tomorrow and for years to come.

Turn the page to learn more...

Sincerely,
Lori F. Pinard, President, Board of Directors, WE CAN
Lisa Guyon, Executive Director, WE CAN

WE CAN Summer 2020 Newsletter can be found [here](#).

Ongoing One-to-One Services

Have a legal question?

Looking for
financial
guidance?



Searching for
a new job?

Need help
starting
(or growing)
your own business?

 **WE CAN** has answers. Call 508-430-8111

WE CAN offers free and confidential one-to-one appointments with expert volunteers. Get the guidance you need to help reach your goals.

- **Volunteer attorneys** can advise you on your legal rights in a free, 30-minute consultation. Issues can include family law, custody, elder law, landlord-tenant, bankruptcy, immigration, and more.
- Expert **career support volunteers** can help with a job search, resume building, interview skills, or education & training.
- **Financial counseling and empowerment** can assist with budgeting, debt management, mortgage and foreclosure issues, and more.
- **Business support volunteers** guide women business owners on such topics as marketing, business recovery plans, financial planning, and sustainability.



Call 508-430-8111 to speak with a caring staff member, who will help set up the right appointment for you. Or email info@wecancenter.org.

Browse our Online
Calendar

Upcoming Workshops and Events

How to Navigate your Mortgage during COVID-19

Wednesday, August 12, 6:30-7:30pm, via
Zoom

Join us for this free, one hour workshop which will cover common questions concerning mortgages during these uncertain times.

Topics will include:

- Payment Assistance Options
- Forbearance or deferment
- Restructuring a mortgage
- Pros and cons of refinancing
- How your mortgage affects your credit
- What to do if you are already late on your mortgage
- Time for Q&A



This workshop will be facilitated by WE CAN Volunteer Savannah Fabbio. Savannah lives in East Falmouth with her husband Jay and is a Mortgage Loan Officer for Shamrock Home Loans in Osterville. Prior to this she was an Assistant Vice President and Branch Manager for The Cooperative Bank of Cape Cod and Assistant Manager at Citizens Bank. Savannah volunteers with WE CAN as a financial consultant, teaches first-time home buyers' classes, and is involved with several other non-profits throughout the Cape. She was honored as a recipient of the 40 under 40 award given by Cape and Plymouth Businesses and the first Leadership Award from The Cooperative Bank of Cape Cod.

You must register to attend this workshop by calling 508-430-8111 or email Marina Mendoza-Burris: marina@wecancenter.org.

GROW Info Sessions

WE CAN's GROW (Get Results with Others' Wisdom) program will be offered again this fall! This program for women business owners offers facilitated peer mentoring, accountability and a safe and confidential setting to work on adapting, stabilizing and/or growing your business in this new economy. The GROW program is facilitated by experienced business owners.



Register for one of these info sessions to learn more:

Tuesday, July 21st at 5:30 pm

Thursday, Aug 13th at 9:00 am

Tuesday, Aug 25th at 6:30 pm

The GROW program is facilitated by WE CAN volunteers Virginia Auciello Sullivan and Jean Mojo. Virginia is the President of Auciello Associates, a trainer for Non Profit Management, a Certified Professional Coach, and has devoted her career to fostering individual growth and development for her clients. Jean is an experienced leader of brands and agencies, with a background in advertising and integrated marketing. She was the President and CEO of Einson Freeman for 21 years, and has been an adjunct professor at both Boston College and Cape Cod Community College.

You must register to attend by calling 508-430-8111 or email Marina Mendoza-Burris: marina@wecancenter.org.

The GROW program is offered in collaboration with the [Community Development Partnership](#) and funded through a Small Business Technical Assistance Grant from [Massachusetts Growth Capital Corporation](#).



Join the WE CAN GASP Bike Team

Sadly, the big ride day in September had to be cancelled due to Covid-19. That's the bad news. But the GOOD NEWS is that the virtual format will make it easier than ever to participate in the Gasp and support WE CAN in offering much needed services for individuals and families in our community.

Exciting News: [Beacon Financial Planning of Cape Cod Inc.](#) will now match all gifts to the WE CAN Gasp team up to \$10,000! There

has never been a better time to [donate to the rider of your choice!](#)

- Registration fee reduced to \$25 (includes T-Shirt and rider bib)
- Fundraising minimum is now only \$250
- Ride shortened to 55 miles



The Gasp has suggested that folks complete 55 miles the week of September 13-20th as part of their ride format. But in truth, individuals can approach this in whatever way works best. Ride 55 miles on one day, 7.86 miles a day for seven days, or two miles per week all summer! Or go for a record and ride 100 miles! Be innovative and find your own way. The important thing is to set a goal and stick to it.

Although we won't be riding in a big group in September, there are still many ways to stay connected as a team. Andi Genser is once again leading team WE CAN and she is organizing monthly zoom sessions to talk about trainings, and for riders to support one another. She's also encouraging small groups of 2-4 riders who can safely social distance to ride together. Andi also had tips ranging from how to fundraise to the best face masks for bikers.

We hope you--and family, friends or colleagues-- will consider joining with us this year--it will be a unique opportunity to "do something" in your own way to support a critical organization on the Cape, while at the same time, having a goal and staying/or getting in shape. Together we will find ways to make this fun and meaningful.

Please consider registering now and joining Team WE CAN.

<https://www.thegasp.org/>

Questions? Contact Siobhan Clune at 508-430-8111 or email

Siobhan@wecancenter.org



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